Ark Acton Academy - KW81073

13.10.2021 - 15.10.2021

Wednesday

28																			Arrival	Arrival - Meet your course director 14:30	3G Swing 16:05	Dinner	Course Director Activities/Review	Mini Olympics
29																			Arrival	Arrival - Meet your course director 14:30	3G Swing 16:05	Dinner	Course Director Activities/Review	Mini Olympics
30																			Arrival	Arrival - Meet your course director 14:30	Archery 16:05	Dinner	Course Director Activities/Review	Mini Olympics
31																			Arrival	Arrival - Meet your course director 14:30	Archery 16:05	Dinner	Course Director Activities/Review	Mini Olympics
32																			Arrival	Arrival - Meet your course director 14:30	(Archery) 16:05	Dinner	Course Director Activities/Review	Bottle rockets
33																			Arrival	Arrival - Meet your course director 14:30	(Archery) 16:05	Dinner	Course Director Activities/Review	Bottle rockets
34																			Arrival	Arrival - Meet your course director 14:30	Jacobs Ladder 16:05	Dinner	Course Director Activities/Review	Bottle rockets

Thursday

28	Breakfast	Raft Building. 09:15		Lunch	Course Director Activities/Review	Nightline 14:30	(Jacobs Ladder) 16:05	Dinner	Course Director Activities/Review	Bottle rockets
29	Breakfast	Raft Building. 09:15		Lunch	Course Director Activities/Review	Nightline 14:30	(Jacobs Ladder) 16:05	Dinner	Course Director Activities/Review	Bottle rockets
30	Breakfast	Raft Building. 09:15		Lunch	Course Director Activities/Review	Nightline 14:30	(Jacobs Ladder) 16:05	Dinner	Course Director Activities/Review	Bottle rockets
31	Breakfast	3G Swing 09:15	Nightline 10:50	Lunch	Course Director Activities/Review	Raft Building. 14:30		Dinner	Course Director Activities/Review	Bottle rockets
32	Breakfast	3G Swing 09:15	Nightline 10:50	Lunch	Course Director Activities/Review	Raft Building. 14:30		Dinner	Course Director Activities/Review	Mini Olympics
33	Breakfast	Nightline 09:15	3G Swing 10:50	Lunch	Course Director Activities/Review	Raft Building. 14:30		Dinner	Course Director Activities/Review	Mini Olympics
34	Breakfast	Nightline 09:15	3G Swing 10:50	Lunch	Course Director Activities/Review	Raft Building. 14:30		Dinner	Course Director Activities/Review	Mini Olympics

Friday

28	Breakfast	Archery 09:15	Obstacle Challenge 10:50	Lunch + Depart by 13:30 12:20	Departure
29	Breakfast	Obstacle Challenge 09:15	Archery 10:50	Lunch + Depart by 13:30 12:20	Departure
				Lunch +	

30	Breakfast	Obstacle Challenge 09:15	3G Swing 10:50	Depart by 13:30 12:20	Departure	Friday
31	Breakfast	(Jacobs Ladder) 09:15	Obstacle Challenge 10:50	Lunch + Depart by 13:30 12:20	Departure	
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34	Breakfast	Obstacle Challenge 09:15	Archery 10:50	Lunch + Depart by 13:30 12:20	Departure	

Kingswood
Inspiring Learning

Kingswood Group Leader:

Breakfast:

Lunch:

Dinner:

Learning Outcomes:

Please Remember!

Long sleeves and long trousers are required for most activities. Some off-site studies incur an additional charge - please contact the centre for confirmation. The following restrictions apply to all off ground activities. Weight over 120kg (285lbs). Pregnant (unless doctor's advice has been sought). Any type of heart condition or heart-related issues (unless doctor's advice has been sought). Any type of spinal injury or weak spine condition (unless doctor's advice has been sought)

Weather/Extreme Conditions

We reserve the right to offer comparable alternatives to any of the activities contained within your Programme. Session timings may be subject to change.